



## Aged 40-74? Find out about our **FREE** NHS Health Check

Even though you might be feeling great, if you're over forty you may be at risk of kidney disease, strokes or dementia.

A **FREE** NHS Health Check can help you reduce these risks and make sure that you stay healthy.

Call *(tel. number here)* or visit  
*(yourlocalNHShealthcheckURL here)*

**NHS  
HEALTH  
CHECK**

Helping you prevent

diabetes

heart disease

kidney disease

stroke & dementia

In partnership with

YOUR  
COMMERCIAL  
PROVIDER  
LOGO HERE

YOUR  
LOCAL  
AUTHORITY  
LOGO HERE