

NHS Health Check HMP Mcr

Patient

Name: _____
 Address: _____

 Telephone: _____

Prison Number: _____
 Date of Birth: _____
 Mobile Tel.: _____

Done By

Name: _____

Date: _____

Patient Observation Quick Entry

Patient Observations Quick Entry

In common with QOF indicators the pathology results and medication issued will be taken directly from the patient record without the need to enter via the template (unless an entry from a clinic letter is required).

NHS Health Check indicated

NHS Health Check Status NHS Health Check completed
 Tick one NHS Health Check declined

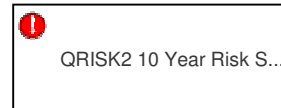
Invitation Offer Sent NHS Health Check invitation
 Tick one NHS Health Check verbal invitation
 NHS Health Check invitation first letter
 NHS Health Check invitation second letter
 NHS Health Check invitation third letter
 NHS Health Check telephone invitation

Height m

Weight Kg

BMI Kg/m²

BP / mmHg



Patient's ethnic category British or mixed British - ethnic category 2001 census
 Tick one Irish - ethnic category 2001 census
 Other White background - ethnic category 2001 census
 White and Black Caribbean - ethnic category 2001 census
 White and Black African - ethnic category 2001 census
 White and Asian - ethnic category 2001 census
 Other Mixed background - ethnic category 2001 census
 Indian or British Indian - ethnic category 2001 census
 Pakistani or British Pakistani - ethnic category 2001 census
 Bangladeshi or British Bangladeshi - ethn categ 2001 census
 Other Asian background - ethnic category 2001 census
 Caribbean - ethnic category 2001 census
 African - ethnic category 2001 census
 Other Black background - ethnic category 2001 census
 Chinese - ethnic category 2001 census
 Other - ethnic category 2001 census
 Ethnic category not stated - 2001 census
 Patient ethnicity unknown

Current smoker codes

Code for ex-smoker

Code for never smoked

Physical Activity Level GPPAQ physical activity index: inactive
 Tick one GPPAQ physical activity index: moderately inactive
 GPPAQ physical activity index: moderately active
 GPPAQ physical activity index: active

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NHS Health Check View

NHS Health Check

NHS Health Check View view cannot be shown without a patient

NHS Health Check Information

NHS Health Check

The NHS Health Check programme is a universal and systematic programme for everyone between the ages of 40-74 that will assess people's risk of heart disease, stroke, kidney disease and diabetes and will support people to reduce or manage that risk through individually tailored advice.

The check itself will involve a number of straight forward tests and measurements covering height, weight, family history, smoking and blood pressure and will include a simple blood test for cholesterol and (in some cases) glucose levels. Each person's risk of having a heart attack or stroke, or developing diabetes or kidney disease will be communicated to the individual in a way that they understand.

This will be followed up with individually tailored advice suitable for that person on how to manage or lower that risk. For those at low risk, this might be no more than general advice on how to stay healthy. Others at moderate risk may be signposted or referred to a weight management programme, stop smoking service, or a brief intervention to increase levels of physical activity. Those at high risk might require medication with statins or blood pressure treatment, or an intensive lifestyle management programme for those identified with impaired glucose regulation. A few may need further assessment or tests.

We also expect to identify people who already have a vascular disease where it has so far gone undetected, particularly type 2 diabetes and chronic kidney disease. In such cases, patients will benefit from early identification and disease management that will improve their health outcomes and help prevent adverse complications. These people will be removed from the ongoing call and recall programme and managed through existing care pathways.

Full user guidance can be found on the NHS Information Centre website:

http://www.ic.nhs.uk/webfiles/Services/Datasets/NHS%20Health%20Check/NHS_Health_Check_dataset_implementation_user_guidance.pdf

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Patient Information and Advice

Information, Advice and Referrals Quick Entry

Information and Advice Provided (General Lifestyle Advice)

Stop Smoking Advice Provided
Tick one

- Smoking cessation advice
- Smoking cessation advice declined

Weight Management Advice Provided
Tick one

- Advice given about weight managem...
- Health education - weight managem...
- Advice about weight
- Patient advised to lose weight

Brief Intervention for Physical Activity Completed

Physical Activity Opportunity Signposted

Stop Smoking Service Opportunity Signposted

Weight management service opportunity signposted

Referral to GP

 Create new Miscellaneous task t...

Referral to Physical Activity Service
Tick one

- Referral to physical activity programme
- Declined referral to physical exercise programme

Referral to Stop Smoking Service
Tick one

- Referral to stop-smoking clinic
- Referral to smoking cessation advisor
- Referral to NHS stop smoking service
- Not interested in stopping smoking

Referral to Weight Management Service
Tick one

- Refer to weight management programme
- Referral to local authority weight management pro...
- Referral to weight management service declined

Referral for Management of Impaired Glucose Tolerance

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Ref Results Codes

Total cholesterol:HDL ratio

Serum cholesterol/HDL ratio mmol/mmol

Plasma cholesterol/HDL ratio

Plasma total cholesterol level mmol/L

Serum cholesterol level mmol/L

Serum total cholesterol level mmol/l

Serum Cholesterol Level Result
Tick one

- Serum cholesterol normal
- Serum cholesterol borderline
- Serum cholesterol raised
- Serum cholesterol very high

Total cholesterol measurement mmol/L

Fasting cholesterol level mmol/L

Serum creatinine level umol/L

Serum Creatinine Level Results
Tick one

- Serum creatinine abnormal
- Serum creatinine low
- Serum creatinine normal
- Serum creatinine raised

Plasma creatinine level umol/L

Corrected plasma creatinine level umol/L