NHS Health Check: webinar instructions

The webinar will start promptly at **10am**

Please follow these simple steps to get the best experience for you and others attending this webinar:

- To hear audio dial: **0800 279 5729** Guest code **312 163 4382** (your telephone line will automatically be muted, please press *6 if you need to unmute)

- The phone line will be locked two minutes after the start time

- Instructions on how to ask a question will be displayed at the end of this presentation

- This webinar presentation will be **recorded** and **uploaded** on to our website
Questions

You can raise a question by:
1. clicking on the speech bubble icon
2. typing your question into the text box and pressing enter, it will look like this
3. the chair will ask the question on your behalf
4. you can also raise a question when the chair invites questions from colleagues on the phone. You will need to **unmute** your phone by pressing *6
Hypertension profiles

Comparative profile of hypertension management

Andrew Hughes
National Cardiovascular Intelligence Network
Outline

• Overview of the profiles and methods

• Explanation of some of the key indicators

• Examples in two areas within England

• Review of hypertension prevalence estimates
Hypertension profiles

Resource developed to provide a reference set of primary care management around hypertension

- CCG and local authority views. The methodology between the two are aligned as much as possible, so where the CCG and local authority are co-terminous, then results are similar.

Overview

• Originally requested from the Blood Pressure System Leadership Board as a local report of hypertension management. Designed with support from a GP clinical advisor to NHS England and PHE.

• All data used in the profiles is in the public domain, so information is replicable and sustainable

• The profiles can be updated in next year with newer data

• Profiles are divided into three sections and mirror the three chapters prevention, detection and management of Tackling high blood pressure: From evidence into action
Prevention indicators

Prevention section focuses on fixed and modifiable risk factors, including an index risk score:

- Ethnicity and age > 65 years are provided as fixed risk factors
- Lifestyle risk factors include excess weight, physical inactivity and binge drinking
- Composite indicator on lifestyle risk factors included
Detection indicators

Detection includes the number of people with hypertension, as well as recording of blood pressure checks and health check uptake.

• Comparative areas include ‘similar’ CCGs and ONS Cluster groups for local authorities

• Representation of prevalence indicators, diagnosed and expected

- Blood pressure record with comparative areas
Management includes primary care data from the QOF, as well as an indication of outcome versus expenditure

- **Practice level variation of blood pressure control**

  Variation at practice level for the QOF target for hypertension in whom the last blood pressure reading is 150/90 mmHg or less (per cent).

- **Cost of anti-hypertensives versus level blood pressure management to 150/90 in the CCG.**
Dudley

- Estimated to have 66% of hypertensive population known to GP practices (sig higher than England)

- In the top 25% of rank of lifestyle risk scores for hypertension
Newbury and District

- Estimated to have 54% of hypertensive population known to GP practices (sig lower than England)

- Just above the lower 25% of rank of lifestyle risk scores for hypertension
Hypertension prevalence

Original estimates are from 2009, based on measurements in 2003 and 2004

 Estimates in Hypertension profiles apply hypertension prevalence to current population levels, however model is out-of-date.

New hypertension model forecast to be completed by end of May 2016
Questions

You can raise a question by:
1. clicking on the speech bubble icon
2. typing your question into the text box and pressing enter, it will look like this
3. the chair will ask the question on your behalf
4. you can also raise a question when the chair invites questions from colleagues on the phone. You will need to **unmute** your phone by pressing *6
Thank you

Thank you for attending this webinar.
A feedback survey will be distributed shortly.