Prevention and Risk reduction

• Myths around dementia
• Symptoms of dementia

Reducing risk:

• Increasing activity
• Stopping smoking
• Eating healthily
• Reducing alcohol intake
• Managing your health
• Keeping mentally active

Awareness and Recognition

• Dementia Friends
• Dementia Friendly Communities

• Staff training, education and awareness
• NHS Health Check
Updating the training materials for the dementia component of the NHS Health Check -

Susan Mitchell and Gavin Terry
Alzheimer’s Research UK and Alzheimer’s Society
Context

- An online training tool was developed to support the introduction of the dementia component to the NHS Health Check in 2013.
- As a later addition to the Health Check, specific online training materials were created and are hosted on the NHS Health Check website.
- It is now timely to consider whether this resource is still fit for purpose.
Overview

This e-learning package will take approximately 30 minutes to complete and must be completed in one session.
The training consists of the following 5 modules, please click introduction to begin.
Where are we now?

- Expert working group met on 22\textsuperscript{nd} February to start scoping the work.
- We are now consulting with stakeholders to seek their opinions and inputs. This includes you!
Workshop Findings

• Access – difficult on mobile devices, linear presentation (all in one go), half an hour (lengthy)

• Content – now two years old needs updating,

• Application – need to remember the check has 1-2 mins on dementia, you need to mention it and here is how to do that, getting the message about why it’s important to cover it
Suggested ways forward

• link to skills framework and HEE Tiers 1,2,3,
• increase knowledge but also what needs to be done at the time of the check
• interactive with separate sections with questions and working on different platforms
• leaflets less text heavy
• refresh cycle and monitoring of uptake
Consultation questions

• Have you used, or supported the use of this training tool?
• If not, why not?
• If yes, is the current material fit for purpose?
• What is the best way deliver training for the dementia component of the Health Check?
• Is specific support needed post training?