Prevention and Risk reduction

- Myths around dementia
- Symptoms of dementia
- Reducing risk:
    - Increasing activity
    - Stopping smoking
    - Eating healthily
    - Reducing alcohol intake
    - Managing your health
    - Keeping mentally active

Awareness and Recognition

- Dementia Friends
- Dementia Friendly Communities
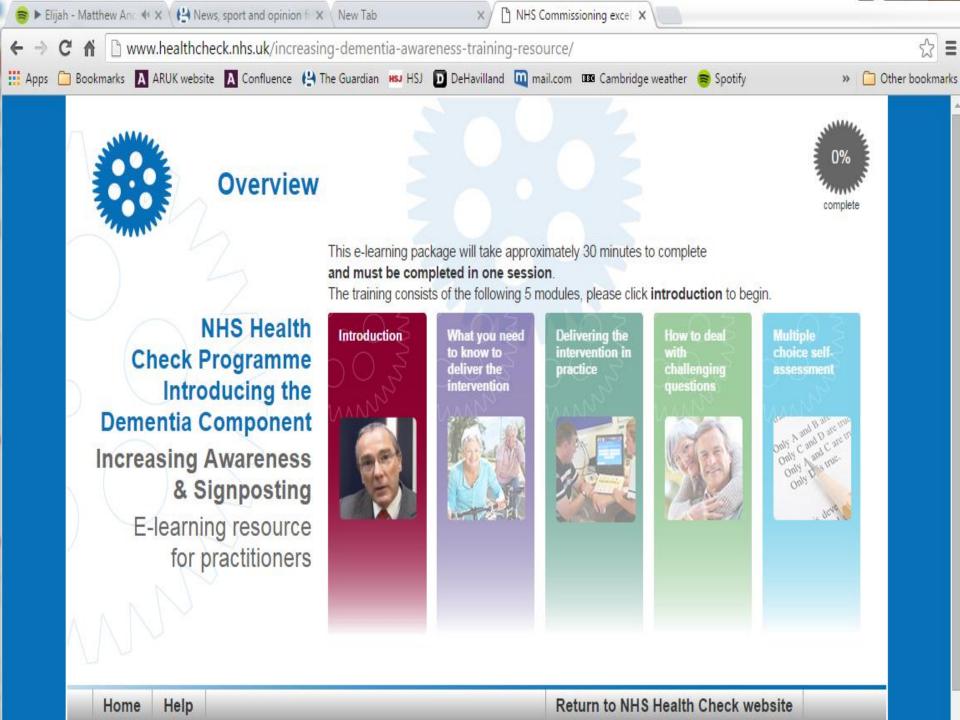- Staff training, education and awareness
- NHS Health Check

Updating the training materials for the dementia component of the NHS Health Check -

Susan Mitchell and Gavin Terry

Alzheimer's Research UK and Alzheimer's Society

Context

- An online training tool was developed to support the introduction of the dementia component to the NHS Health Check in 2013.

- As a later addition to the Health Check, specific online training materials were created and are hosted on the NHS Health Check website

- It is now timely to consider whether this resource is still fit for purpose.

● ▶ Elijah - Matthew And ◄× | 🎵 News, sport and opinion f× | New Tab ×| 🗋 NHS Commissioning excel ×

← → C ⌂ | 🗋 www.healthcheck.nhs.uk/increasing-dementia-awareness-training-resource/ | ☆ ≡

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Overview

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complete

This e-learning package will take approximately 30 minutes to complete **and must be completed in one session**.
The training consists of the following 5 modules, please click **introduction** to begin.

NHS Health Check Programme Introducing the Dementia Component

Increasing Awareness & Signposting

E-learning resource for practitioners

Introduction

What you need to know to deliver the intervention

Delivering the intervention in practice

How to deal with challenging questions

Multiple choice self-assessment

Home | Help

Return to NHS Health Check website

Where are we now?

- Expert working group met on 22nd February to start scoping the work.

- We are now consulting with stakeholders to seek their opinions and inputs. This includes you!

Workshop Findings

- Access – difficult on mobile devices, linear presentation (all in one go), half an hour (lengthy)

- Content – now two years old needs updating,

- Application – need to remember the check has 1-2 mins on dementia, you need to mention it and here is how to do that, getting the message about why it's important to cover it

Suggested ways forward

- link to skills framework and HEE Tiers 1,2,3,

- increase knowledge but also what needs to be done at the time of the check

- interactive with separate sections with questions and working on different platforms

- leaflets less text heavy

- refresh cycle and monitoring of uptake

Consultation questions

- Have you used, or supported the use of this training tool?

- If not, why not?

- If yes, is the current material fit for purpose?

- What is the best way deliver training for the dementia component of the Health Check?

- Is specific support needed post training?