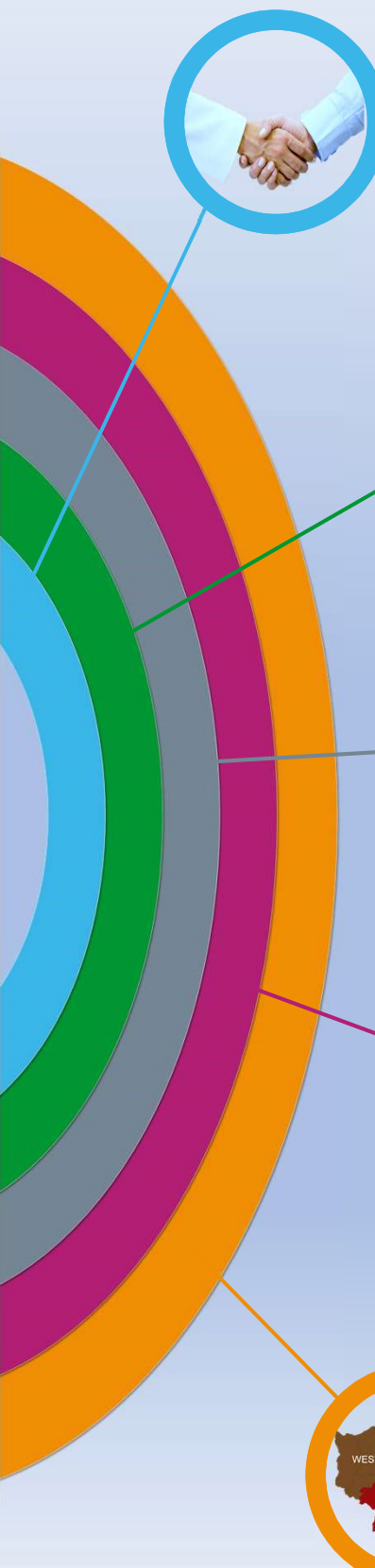


The Cardiovascular Disease Prevention Resource Pack: A menu of evidence-based interventions for London

Gregory Heeger, Project Manager London Cardiac & Stroke Clinical Network; Hassan Al-Omari, Project Manager London Cardiac Clinical Network; Clare Thomson, Senior Project Manager London Cardiac Clinical Network; Helen Cutting, Programme Lead London Cardiac & Stroke Clinical Networks



Introduction



The Cardiovascular Disease Prevention Partnership (CVDPP) in London is comprised of a wide range of stakeholders, including the London Clinical Networks, Public Health England (PHE), Academic Health Science Networks (AHSNs), NICE and third sector organisations. Its purpose is to support NHS commissioners and providers to improve identification and treatment of high-risk CVD conditions (Atrial Fibrillation, Hypertension and Familial Hypercholesterolaemia), as described in the NHS Long-term plan.



Aim

To produce an accessible, interactive tool, hosting a multitude of evidence-based interventions, pilots and case studies from around the country, to support London's Sustainability and Transformation Partnerships (STPs) in drafting their CVD prevention delivery plans for 2020/21.



Methods

A systematic literature search was conducted using PubMed, Cochrane, CINAHL and EMBASE databases in August 2019. Studies, successful pilots and case studies received from the London AHSNs, the British Heart Foundation, NICE, PHE and other significant NHS stakeholders across England were included in the tool.



Results

The South-East London CVD Prevention Steering Group utilised the resource pack in drafting their CVD commissioning intentions for 2020/21. Additionally, it was applied in higher-level CVD prevention workshops within North-West (NWL) and North-Central (NCL) London, with NCL utilising it to assist in planning their approach to Atrial Fibrillation Detection and Hypertension Management for 2020/22. Further results across North-East and South-West London are expected as regional delivery planning continues for 2020/21.



Conclusion

Through successful collaboration with a multitude of diverse stakeholders across London, the CVDPP was able to construct an accessible, interactive resource pack, providing London regional STPs with the necessary evidence-based interventions to tackle cardiovascular disease across London at pace and scale.



Use Code to access the London CVD Prevention Resource Pack

