

Background and Context

West Yorkshire and Harrogate Health and Care Partnership's (ICS) constituent CCGs and Y&H AHSN are undertaking a large scale quality improvement project. The Partnership covers a population of 2.6 million.

The project has secured excellent clinical leadership across the Partnership. With this and other initiatives, the Partnership aims to **reduce the number of people affected by cardiovascular disease by 10%**, consisting of an estimated reduction of 800 heart attacks and 350 strokes and contributing to an estimated saving to the local health economy of more than £12 million.

The project is being carried out in three phases:

- 1 Hypertension
- 2 Cholesterol management
- 3 Reducing CVD risk in patient with diabetes.

To support clinicians, several [useful resources](#) have been created including:

- Clinical searches
- Simplified treatment guidance
- Information for patients.

Outcomes

Since January 2019 **more than 7,500 additional patients** have been added to **hypertension registers** and **nearly 8,000 additional patients** have now had their **blood pressure controlled** to at least 140/90 -resulting in more than **15,000 clinical interventions**.

These numbers, over the next 5 years, have the **potential to prevent:**

65 deaths
122 strokes
82 hearts attacks

Public and patient engagement on phase two (Cholesterol) from over 200 people through questionnaires and focus groups showed nearly **90% of people support** our work. The engagement covered a wide spread of people:

- Nearly a quarter of responses were from those of minority ethnic heritage
- The median age was 57 with the youngest being 18 and the oldest 100
- 62% were female and 32% were male

Reflections

- Ensure you **consult widely with local stakeholders** before designing your project and getting your mandate – to ensure your project's relevance and buy-in from clinicians
- If conducting work at ICS level be prepared for **a big task** – there will be multiple stakeholders
- Being **clear on CCG local plans** and how they align with the proposed project – e.g. **local vs ICS level** plans and ambitions
- Have early discussions with CCGs on whether Primary Care might need to be incentivised to deliver work
- Ensure **patient engagement** is conducted prior to the launch of any work to ensure there is support for the project
- Be strong on **patient education** – helps deliver outcomes
- Have **data to help show improvement**, and ensure **data sharing** issues are sorted in advance (may need CIOs to provide support to do this)