NHS Health Check Outreach Project

Major Success...
The Health MOT Roadshow, now in its second year of commissioning, has successfully proved the concept of using a mobile health unit to engage with and signpost harder to reach individuals and communities to the NHS Health Check Programme. The project remains jointly funded by the Public, Private and Third Sector.

Key to Engagement
A branded mobile health unit, with an Interactive Health Kiosk is the primary method of engagement, utilised by a specially trained team.

Through a process of eligibility checks, those who are eligible for the NHS Health Check are offered the service there and then. Those who are not can complete a “Health MOT” on the Interactive Health Kiosk.

Health Kiosk
The Interactive Health Kiosk allows individuals to self-test key indicators of their general health: Weight, BMI, Body Fat Content, Heart Rate and Blood Pressure...

...and takes just a few minutes.

The Stats*
206 Operational days
1,500+ Hours of delivery
28,500 Total engagements
4,600 Health MOTs
1,460 NHS Health Checks
1,000+ Onward referrals
28% from Quintile 1 & 2

In partnership with

Kent Community Health
NHS Foundation Trust

change 4 life
mitie
Kent County Council
Golding Vision
Wellbeing People
NHS Health Check

Helping you prevent
diabetes
heart disease
kidney disease
stroke & dementia

* Funded by Kent County Council, Golding Vision, Mitie and Wellbeing People, working in collaboration with Kent Community Health NHS Foundation Trust.

Age
- 65+ 17%
- 55-64 13%
- 45-54 19%
- 35-44 16%
- 25-34 22%
- 16-24 13%

Gender
- 48%
- 52%

Where?
Countywide in Kent excluding Medway

Locations include shopping centres, supermarkets, social housing, places of worship, community centres, workplaces, sporting events and any locations with high footfall in harder to reach groups.

Who & When?
Anybody can visit the Health MOT Roadshow age 16+
The programme is currently live and will run until September 2016.