**Improving Cardiovascular Disease (CVD) Outcomes: A Resource for Primary Care**

A multi-agency Task and Finish Group was convened in the East of England to develop a General Practice (GP) Resource Pack, to further support delivery of national CVD ambitions, particularly in the areas of highest health inequalities.

Methods

Group members identified potential resources for inclusion, and these were selected based on relevance to primary care practices, with a focus on those most likely to be useful in areas of highest health inequalities. Feedback was sought from colleagues in primary care and the local health system. A final resource was produced for GP Practices to use with the support of their Clinical Commissioning Groups (CCGs), potentially as part of a local incentive scheme, to improve detection and management of people with CVD risk factors.

Results

The user-friendly CVD prevention resource pack includes:

- Local data tools for GP practices to use, with the support of their CCGs, to explore their current position in relation to national ambitions for hypertension, atrial fibrillation and cholesterol, in comparison to other practices.

- Guidance and examples of best practice to support improvement in CVD prevention and outcomes in primary care.

For example, it signposts users to Cardiovascular Disease Profiles and Primary Care Intelligence:



Example from Bedfordshire CCG



Example from Great Yarmouth Pack
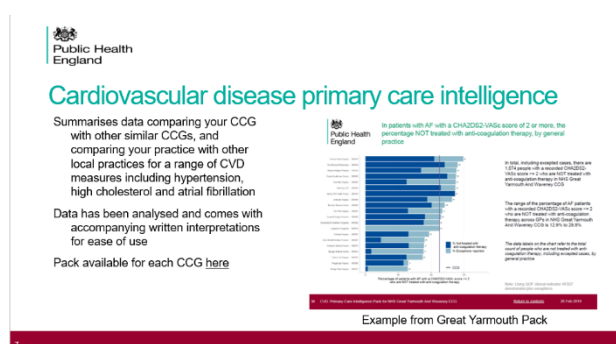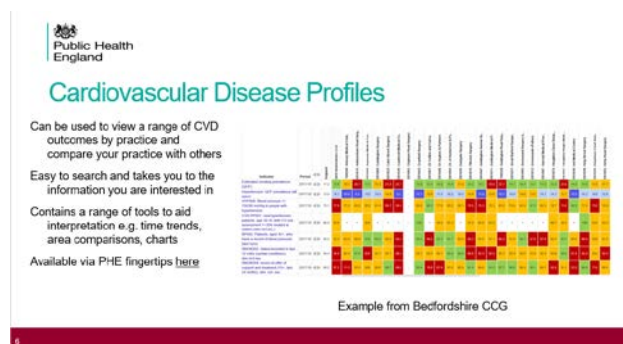
It also includes guidance and examples of best practice to support improvements in CVD prevention in primary care, particularly in areas of highest health inequalities.

Conclusion

The multi-agency task and finish group enabled the development of a user-friendly resource for primary care practices and demonstrated joined up working between the partner organisations. Consultation with local primary care professionals and others in the local health system ensured the resource was relevant and useful to end users.

Please contact sarah.gentry@phe.gov.uk if you would like a copy of the resource.