



Public Health  
England

# Action Notes

**Title of meeting:** NHS Health Check Expert Scientific and Clinical Advisory Panel  
**Date:** Thursday 23 May 2019  
**Time:** 10:00 – 12:00  
**Venue:** Room LG02, Wellington House, 133-155 Waterloo Road, London

## Attendees:

Chair: John Newton,	Director of Health Improvement, PHE
Gillian Fiumicelli,	Head of Vascular Disease Prevention, London Borough of Bromley
Jamie Waterall,	National Lead CVD Prevention and Deputy Chief Nurse, PHE
Zafar Iqbal,	Associate Medical Director Public Health; Midlands Partnership NHS Foundation Trust
Matt Kearney,	National Clinical Director for CVD prevention NHS England
Huon Gray,	National Clinical Director for Heart Disease, NHS England
Anne Mackie	Director of Programmes UK National Screening Committee, PHE
Peter Kelly (Skype)	Centre Director North East, PHE
Lynda Seery (Skype)	Public Health Specialist, Newcastle City Council
Alf Collins	Clinical Director, Personalised Care
Jonathan Valabhji,	National Clinical Director for Obesity and Diabetes, NHS England
Rachel Clark	Head of Evidence and Evaluation, PHE
Michael Soljak,	Clinical Research Fellow, Imperial College London

## Secretariat

Katherine Thompson Deputy National Lead CVD Prevention, PHE

## Guests

Tom Newbound	Deputy director diabetes programme, NHS England
Emma Barron	Head of health intelligence (Diabetes), PHE
Catherine Lagord	Analyst, PHE
Dr Shivani Misra	Pathologist
Caroline Holtham	PHE North West
Eleanor Wilkinson	Digital lead, CVD prevention team

## Apologies

Nick Wareham	Director of the MRC Epidemiology Unit and co-Director of the Institute of Metabolic Science, Cambridge
Anthony Rudd	National Clinical Director for Stroke, NHS England
Alistair Burns,	National Clinical Director for Dementia, NHS England

Richard Fluck,  
Charles Alessi,  
Vice chair: John  
Deanfield,

Julia Hippisley-cox

Martin Vernon,

Chair of the Internal Medicine Programme of Care board  
Senior Advisor and Lead for Preventable Dementia, PHE

Professor of Cardiology at University College Hospital, London

Professor of Clinical Epidemiology and General Practice, Nuffield  
department of primary care health sciences, University of Oxford

National Clinical Director for Older People, NHS England

Timings	Item Description	Paper	Lead
10:00 – 10:05	<p><b>1. Welcome and apologies</b></p> <p>Membership, Anne Marie-Connelly has retired. Katherine Thompson has been liaising with the internal team to identify someone with expertise in health inequality, but any recommendations would be welcome. John Newton suggested Martin White or Ben Brown.</p> <p><b>Action 11:</b> Katherine to speak to Zafar about health inequalities expertise and representation on the group.</p> <p><b>Action 12:</b> Katherine to follow up with candidates identified as having expertise in health inequalities to secure representation for the September meeting.</p> <p><b>Action 13:</b> Katherine to speak to Michael Soljack about inviting a health psychologist to join the group.</p> <p><b>Action 14:</b> Invite a representative from NHS England's clinical policy team to deliver an item on primary care networks at the next meeting.</p> <p>There was some discussion on the programme's aims and objectives and the vision for the programme going forward. In particular, the potential for the system to improve.</p> <p>It was noted that the school for personalised care will be providing training for over 300,000 health care professionals and that primary care networks will utilise 20,000 non-traditional health care professionals to support the service specifications that are being rolled out.</p> <p>It was agreed that it would be helpful to have a seminar to revisit the programme's aim and objectives and set out the evidence for how the programme can achieve this in the most effective way.</p> <p><b>Action 15:</b> Katherine to scope an agenda for a</p>		Chair

Timings	Item Description	Paper	Lead
	seminar/workshop on the forward vision for the programme and maximising its impact.		
10:05 – 10:15	<b>2. Actions from the last meeting</b> <b>Complete:</b> Actions 1, 2, 3, 4, 5,6, 9,10 <b>In progress:</b> Actions 7 <b>For a future meeting:</b> Action 8	Paper 1 – ESCAP action notes	KT
10:15 – 10:25	<b>3. NHS Health Check update</b> I. Programme governance arrangements and new members  The national team is consolidating some of the governance groups for CVD and seeking to reallocate functions across a smaller number of groups. As a result, Katherine proposed that ESCAP membership is extended to include a PHE regional & centre lead as a means of enabling this core group of stakeholders to feed into key discussions on evidence and evaluation.  In addition, as the NHS Health Check data extraction is a standing item on the agenda it would be helpful work is now progressing quickly it was identified that it would be helpful to have some additional big data/analytical skills on the group. It was agreed that Lorraine Oldridge and Julien Flowers from within PHE would be invited to join ESCAP.  II. Evidence update  See paper 3.  <b>Action 16:</b> Katherine to liaise with the library team to see if dementia risk reduction can be picked up within the scope of the broader evidence search.  <b>Action 17:</b> Katherine to invite authors of the lancet public health publication to speak about their work on the frequency of testing.	Paper 2 – Governance summary  Paper 3 – Literature search	KT
10:25 – 11:10	<b>4. NHS Diabetes Prevention Programme and Point of Care Testing (POCT)</b>  It was agreed in 2018 that colleagues from the national diabetes prevention programme would provide an update on their work to validate point of care testing devices used in the delivery of the national programme. Emma Barron, Tom Newbound and Jonathan Valabhji presented findings on POCT	Presentation	TN/EB/JV

Timings	Item Description	Paper	Lead
	<p>from the evaluation work undertaken so far.</p> <p>The findings of this work potentially have implications for the delivery of the NHS Health Check as a recent audit highlighted that 33% of local authorities use point of care testing in some way to measure HbA1c as part of the NHS Health Check programme.</p> <p><b>Action 18:</b> Tom Newbound to share the final letter going out to stakeholders that the NDPP will not continue to use POCT.</p> <p><b>Action 19:</b> CVD prevention national team to highlight letter to NHS Health Check stakeholders and set out a holding position.</p> <p><b>Action 20:</b> Michaela Nuttal to bring together an options paper on POCT within the NHS Health Check for blood glucose for discussion at the September meeting.</p>		
11:10 – 11:40	<p><b>5. Content review proposals (CRP)</b></p> <p>Two proposals were submitted through the CRP to amend the NHS Health Check to include:</p> <ol style="list-style-type: none"> <li>1. Hearing loss</li> <li>2. Menopause</li> </ol> <p>The group recognised the importance and impact of hearing loss as a public health issue and its impact on individuals' lives. The UKNSC is currently updating its review of the evidence on hearing screening. Therefore, it was agreed that the group would await the outcome of this work before considering whether and how the NHS Health Check could support this important public health issue.</p> <p><b>Action 21:</b> Katherine to draft a letter for John Newton to send to Action on Hearing Loss confirming that the proposal will be revisited once the UKNSC has finished its update of the current evidence.</p> <p><b>Action 22:</b> Katherine to continue to liaise with stakeholders proposing the inclusion of menopause and to bring the item back for discussion at a future meeting.</p>	Paper 4 – Hearing loss summary	KT
11:40 –	<b>6. NHS Health Check data extraction and</b>	Paper 5 –	CL

Timings	Item Description	Paper	Lead
11:55	<p><b>publication</b></p> <p>Catherine Lagord provided an update on the analysis of the data extraction and dashboard which is planned for publication in the autumn.</p>	research questions	
11:55 – 12:00	<p><b>7. AOB</b></p> <p><b>Action 23:</b> Katherine to reschedule the September meeting due to a high number of apologies</p> <p>Huon Gray confirmed that he is retiring and so is stepping down. He thanked members for their support and the opportunity to engage through the expert group.</p>		All
Dates of 2019 meetings	<p>10:00 – 12:00 19 September 2019</p> <p>12:00 – 14:00 4 December 2019</p>		