NHS Health Check
National Programme Update

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How many people like Terry are unaware they are at high risk of Type II Diabetes in England?

5 Million People

Burden of disease attributable to leading risk factors for both sexes in 2015, expressed as a percentage of England disability-adjusted life-years

9 out of 17 leading risk factors are included in the NHS Health Check

Percent of total disability-adjusted life-years (DALYS)
Programme Aim

The NHS Health Check programme offers a fantastic opportunity to help people to live longer, healthier lives. It aims to improve health and wellbeing of adults aged 40-74 years through the promotion of earlier awareness, assessment, and management of the major risk factors and conditions driving premature death, disability and health inequalities in England.
NHS Health Check Official Statistics

• We have completed 3.5 years of the 5 years cycle (2013-14 to Q2 2016-17)

• Nationally, 15,402,612 are eligible for an NHS Health Check between 2013 and 2018

• Cumulatively, since Q1 2013-14, a total of 10,158,347 persons (66.0%) have been offered a NHS Health Check and 4,903,516 (31.8%) have had a NHS Health Check. This means that in the 3.5 years between April 2013 and September 2016, 48.3% of people offered a NHS Health Check have received a check.
In the last reported 12 months (October 2015-Sept 2016) there was a 9.4% reduction in the numbers of offers and also a 9.1% reduction in the number of people having a check compared to the previous 12 months.

This means that 284,000 less invitations and 134,000 less people having received a check in the last reported 12 months.
Proportion of eligible people who have had an NHS Health Check

2013-2018, cumulative figures, 14 quarters

Compare with England
Better
Similar
Worse

http://fingertips.phe.org.uk/profile/nhs-health-check-detailed
What’s New in the past year?

- Updated Best Practice Guidance published
  - Note changes to the diabetes assessment guidance

- NHS Health Check Health Equity Audit Guidance published

- NHS Health Check dementia pilots announced by Secretary of State
  Sites include Birmingham, Bury, Manchester and Southampton

- New dementia training resources developed (launched today)

- 18 webinars held covering variety of topics last year
  (recordings still available)
What’s New in the past year?

- NHS Health Check e-bulletin continues to published very other month
- Relaunched the Heart Age Tool which has now received over 1.2 million completions
- Two thirds of LA’s have completed the StARS training
- Revised NHS Health Check information governance data flows guidance published
- NHS RightCare CVD Optimal Value Pathway published
- STP Prevention Menu published (noting the value of the NHS Health Check in several topic areas)
Expert Scientific & Clinical Advisory Panel

- Review of emerging evidence
- Programme content review process
- Encouraging a culture of research and evaluation
  - HTA call for research
- Development of a national data set
Digital: Doing things differently

1. Promotion
2. Pre-visit
3. Visit
4. Post-visit

1.2 million!

#NHSHealthCheck2017

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Putting Prevention First!

The NHS Health Check is a world leading prevention programme, which offers us an opportunity to systemically target the major risk factors driving premature death and ill health in England.

By working together, we have an opportunity to make important in roads in addressing health inequalities and reducing both the personal and financial burden related to many non-communicable diseases.
Thank you

Working together for the public’s health

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