Introducing the NHS Health Checks ‘Risk Report’

The Risk Report is a simple and easy way to improve communication in NHS Health Checks

- Auto-fills with results from the clinical template, saving you time
- Helps you interpret and explain risk and tests with infographics
- Acts as a take home record of results for each patient
- Is easily edited and adapted to include personal and local info
- Is cheaply printed in black and white as well as colour

We trialled the Risk Report in Newham Borough of London:

Patients thought the Risk Report was clear, understandable and user friendly without jargon, good for non-English speakers and useful to prompt memory and aid communication

Patients made small lifestyle changes and some had made significant changes
They talked about involving their family members in their new lifestyle
Patients recommended the programme to friends and family

The Risk Report prompted risk score recall and supported risk discussions
Language barriers were found to affect risk communication
Heart age was readily recalled, especially amongst non English speakers

HCAs who used the Risk Report found it simple to use and thought patients responded positively, and said it helped them to discuss CVD risk in more detail.

Watch the video for more project information: https://www.youtube.com/watch?v=RxFYNlmbgb8w
Using the Risk Report during the NHS Health Check

1. Patient details
   A personalised record of the health check

2. CVD Risk Results
   Tick the box and use the infographics to help explain what the risk calculations mean
   Use to explain that CVD affects more people than patients might expect

3. Test results
   Tick the box to interpret what each result means

4. Action Planning
   Discuss and record lifestyle goals

5. Information and support section
   Patients can access these resources to help achieve their healthy lifestyle goals
   More information about medicines to manage their CVD risk, if required

Support discussions
Record follow up appointments
Save for future reference

Provide additional information or signpost to local support groups