How to use the NHS Health Check dementia leaflet in your appointments

This leaflet should be available to use in every NHS Health Check appointment with any client aged 65-74 years old. You can use it to help structure your conversation about dementia.

Reducing the risk of developing dementia
A great way to introduce the topic when talking about wider cardiovascular health - what is good for your heart is good for your brain

What is dementia?
This explains that dementia is an umbrella term for several diseases which affect the way the brain works.

Myths about dementia
Useful if you get any tricky questions

Symptoms of dementia
Lists common symptoms of dementia

You can order more leaflets at the Department of Health Orderline: https://www.orderline.dh.gov.uk and quote 2904520