References and statistics to support the dementia NHS Health Check slide deck

|  |  |
| --- | --- |
| Statements made in the slide deck | Reference/source |
| Dementia is not a normal part of ageing - it is caused by diseases of the brain  Dementia is an umbrella term for a group of diseases including Alzheimer’s disease, vascular dementia and dementia with Lewy bodies  Dementia is a debilitating condition with no known cure that can have devastating effects | [Alzheimer’s Research UK (2013) All about Dementia](http://www.alzheimersresearchuk.org/wp-content/plugins/mof/downloads/AAD-1116-1118_NOV%202016_WEB.pdf) |
| Prevalence of dementia is higher amongst women, BAME groups and people with learning disabilities | [Dementia: A state of the nation report on dementia care and support in England (2013) Department of Health](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/262139/Dementia.pdf) |
| 1 in 3 people with dementia in England do not have a diagnosis | [Dementia: policy, services and statistics overview (2016) House of Commons Library research briefing](http://researchbriefings.parliament.uk/ResearchBriefing/Summary/SN07007) |
| 1 in 3 people will care for someone with dementia in their lifetime | [Dementia: A state of the nation report on dementia care and support in England (2013) Department of Health](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/262139/Dementia.pdf) |
| Dementia is the most feared condition for the over 55s | You Gov Polling for Alzheimer’s Research  UK, 29th November–2nd December 2013. |
| A third of cases of Alzheimer’s disease may be avoidable by modifying lifestyle. | [Norton et al (2014) Potential for primary prevention of Alzheimer’s disease: An analysis of population-based data. Lancet Neurology 13:788-93.](https://www.ncbi.nlm.nih.gov/pubmed/25030513) |
| Currently only 25% of the general public believe it is possible to reduce their risk of dementia. | YouGov polling for Alzheimer’s Research UK, in February 2016. 25% of British adults said they thought it was possible for people to reduce their risk of developing dementia, compared to 83% for diabetes and 82% for heart disease. |
| Evaluation of the NHS Health Check has shown people attending want to know about dementia. | Evaluation of current 65 -74 year old dementia component of the NHS Health Check (2016) Solutions Research, commissioned by PHE. |