1. Please tick the categories that apply to your proposal.

- [ ] It involves amending the eligible population.
- [x] It involves amending an existing component of the risk assessment.
- [ ] It involves introducing a new component to the risk assessment.

2. Please provide a short summary describing your proposed change [max 200 words]

[Please be sure to clearly state what your change or addition is e.g. to introduce a lung function test]

Modify exclusions. For example people diagnosed with hypertension should either not be excluded from further health checks or the follow-up of hypertension should be incentivised to include a CVD risk assessment. This would ensure a more comprehensive systematic approach to statin prescribing and diabetes screening.

3. Please state which strategic health priority in the NHS outcome framework or the public health outcome framework the proposed change supports [max 200 words]

[Please identify up to three priorities]

NHS Domain 1 – Preventing people from dying prematurely
PH Domain 4: Healthcare public health & preventing premature mortality
PH Domain 2: Health Improvement

4. Please identify which of the programmes objectives the proposed change supports [please tick]

- [x] To promote and improve the early identification and management of the individual behavioural and physiological risk factors for vascular disease and the other conditions associated with those risk factors.
- [ ] To support individuals to effectively manage and reduce behavioural risks and associated conditions through information, behavioural and evidence based clinical interventions.
- [x] To help reduce inequalities in the distribution and burden of behavioural risks,
related conditions and multiple morbidities.

☐ To promote and support appropriate operational research and evaluation to optimise programme delivery and impact, nationally and locally.

5. How will the proposed change support the(se) objective(s)?

For example, there is no structured programme to screen for diabetes in patients who comply with the diabetes filter in the NHS Health Check but have diagnosed hypertension as they are presently excluded from the NHS Health Check

6. What is the evidence for the clinical effectiveness of the proposed change?

People with hypertension have a higher risk of diabetes than the general population.

7. What is the evidence of cost effectiveness of the proposed change?

As least as good as screening for diabetes for people without diagnosed hypertension.

8. Please provide an outline of how this would change current practice i.e. what would frontline professionals delivering the NHS Health Check need to do that isn’t already a part of the programme?

Increase the proportion of patients eligible for the NHS Health Check

9. If you are proposing a new component to the programme, please describe the effective treatment and management systems that are exist and are available.

10. Please state whether you feel the change will have a negative, neutral or positive impact on health inequalities and on the nine protected characteristic groups and why. [please tick, max 200 words]

☐ Negative ☐ Neutral ☒ Positive

[Why…]
Because we could work harder to find those people at higher risk, more likely to be from deprived backgrounds

11. Please name a local authority that has already adopted this proposed change to their delivery of the NHS Health Check programme.

12. Please list any relevant references

For completion by the ESCAP secretariat

13. Proposal to be shared with ESCAP

Please return this completed form to:
ESCAP secretariat
Email: nhshealthcheck.mailbox@phe.gov.uk
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**14. ESCAP feedback**

ESCAP members agreed that this proposal is beyond the scope of the programme which is intended to identify and manage unknown risk. Therefore, ESCAP recommended that this proposal should not progress to stage 2.