



ESCAP action notes 11 April 2018

Title of meeting: NHS Health Check Expert Scientific and Clinical Advisory Panel
Date: Wednesday 11 April 2018
Time: 10:00 – 12:00
Venue: Wellington House, 133-155 Waterloo Road, London

Attendees:

John Deanfield (Chair)	Director of National Centre for Cardiovascular Prevention and Outcomes, University College London
Charles Alessi	Senior Advisor and Lead for Preventable Dementia, PHE
Felix Greaves	Deputy Director, Science and Strategic Information, PHE
Matt Kearney	National Clinical Director for CVD prevention NHS England
Huon Gray	National Clinical Director for Heart Disease, NHS England
Jamie Waterall	National lead CVD Prevention and deputy chief nurse, PHE
Jonathan Valabhji	National Clinical Director for Obesity and Diabetes, NHS England
Julia Hippisley-Cox	Professor of Clinical Epidemiology & General Practice, Nottingham University
Mark Baker	Centre for Clinical Practice Director – NICE
Lynda Seery (skype)	Public Health Specialist, Newcastle City Council (Representative of the Local Implementer National Forum)
Martin Vernon (skype)	National Clinical Director for Older People, NHS England. Head of Vascular Disease Prevention,
Gillian Fiumicelli (skype)	London Borough of Bromley (Representative of the Local Implementer National Forum)
Nick Wareham (skype)	Director of the MRC Epidemiology Unit and Co-Director of the Institute of Metabolic Science
Richard Fluck (skype)	Chair of the Internal Medicine Programme of Care board.
<i>Guest</i>	Dr Chris Gidlow, Faculty of Health Sciences, Staffordshire University
<i>Secretariat</i>	Jo Foster Stead, Deputy National Lead, CVD Prevention Team PHE
<i>Secretariat</i>	Eleanor Wilkinson, Senior Support Manager, CVD Prevention Team, PHE
Apologies	Ruth Chambers, GP John Newton, Director of Health Improvement, PHE Anthony Rudd, National Clinical Director for Stroke, NHS England

Mark Ewins, Public Health England
 Peter Kelly, Centre Director North East, PHE
 Anne Mackie, Director of Programmes UK National Screen
 Committee, PHE
 Slade Carter, Deputy National Lead, CVD Prevention Team PHE
 Zafar Iqbal, Interim- Director of Public Health, Stoke on Trent
 Ash Soni, English Pharmacy Board

Timings	Item Description	Paper	Lead
10:00 – 10:05	<p>1. Welcome and apologies</p> <p>As shown on page 1 and 2.</p> <p>The chair welcomed new member, Julia Hippisley-Cox, Professor of Clinical Epidemiology & General Practice, Nottingham University.</p>		JD
10:05 – 10:15	<p>2. Actions from the last meeting</p> <p>Action 1: PHE CVD team (EW) to keep the panel informed of next steps with Health Education England with the development of supporting resources for the NHS Health Check Competence Framework. Carried over from action 20 of previous meeting.</p> <p>Action 2 – <i>Carried over from previous meeting (Action 21) –</i> As part of the GPES data extraction work PHE CVD Team will engage with partners to develop a design for a longitudinal study to understand the impact of the programme when this is complete.</p> <p>Action 3– <i>Carried over from previous meeting (Action 24) –</i> Secretariat (JFS) to invite Liverpool university to provide ESCAP with an update on the WorkHorse study.</p> <p>Action 4 - <i>Carried over from previous meeting (Action 25) -</i> secretariat (JFS) to invite researchers of the Imperial evaluation to present at a future ESCAP meeting.</p> <p>Action 5 – Carried over from previous meeting (Action 27) – PHE CVD team to look at data extraction to see whether GPPAQ information is being recorded. JFS To share PHE Physical Activity, journal article that confirms this.</p> <p>Action 6- Carried over from previous meeting (Action 27). PHE CVD team (JFS) to follow up with JHC about including physical activity and alcohol in a future update to the Qrisk tool.</p> <p>Action 7 – National CVD team to arrange a follow up</p>	Paper 1 – ESCAP action notes	JFS

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	<p>meeting with Julia HC to discuss Qrisk and Qdiabetes papers.</p> <p>Action 8 - Jonathan and Julia updated on their conversation, a presentation will be scheduled for the July meeting, as part of a broader item on data collection/ risk algorithms. Will be considered for update of best practice guidance.</p> <p>Action 9 – PHE CVD team to explore options for analysing the Diabetes Risk Assessment/Filter review and present options at the next meeting.</p> <p>Action 10 – ESCAP members to send any suggestions for membership to secretariat (JFS). Please contact Joanna.Fosterstead@phe.gov.uk if any suggestions on experts in system change / behavior change who could support this side of thinking for the programme as part of ESCAP.</p>		
10:15 – 10:30	<p>3. NHS Health Check evidence update</p> <ul style="list-style-type: none"> JW updated that CVD prevention is a corporate priority for PHE and included in the corporate business plan, the remit letter and that the SOS and PSPHPC have recently met and continue their support. The panel discussed the approaching end of the first 5 year cycle in an opportunity to mobilise the press and change the view of key stakeholders about the programme, it was agreed that it will be important to use the evidence reports to support this. The national team are developing a communication and stakeholder management plan to support this. Key messages discussed by ESCAP who need to be consulted on the plan: a) the effectiveness of health checks as how currently delivered b) how much more effective would it be if it was better c) why has it been less effective than it could be. Discussion and support for greater linking of the messaging on NHS Health Check to the broader Non-Communicable Disease prevention and a person centred approach to health care. Agreement that this is increasingly the consensus by key national and international stakeholders and 	<p>Paper 2 – annotated bibliography</p> <p>Paper 3 – NHS HC 2016-17 Q3 data</p> <p>Paper 4 – Stocktake and action plan</p>	JFS/FG

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	<p>that it is important to not work in disease silos.</p> <p>Action 10 – PHE CVD team to consult ESCAP as appropriate on the communication and stakeholder management plan for Q4.</p> <p>Action 11 – PHE CVD team to review the aims and objectives of NHS Health Check (bearing in mind that the indicator is now a rolling indicator) particularly in relation to NCD prevention and bring to the next meeting in July.</p> <p>Action 12 – PHE CVD team to review the research questions identified by ESCAP. Research question around the programme – could be narrowed down.</p>		
10:30 – 11:00	<p>4. Presentation: Nick Wareham presented findings from the Cambridge microsimulations study.</p> <p>Action 13 – PHE CVD team to review how this might be included within the best practice guidance, also ensure any relevant information to include within the communications strategy.</p>	Paper 5 – journal article	NW
11:00-11:15	<p>5. NHS Health Check content review update</p> <p>JFS provided a brief update next steps for the decision on Dementia and the work agreed at the last meeting to explore the evidence and feasibility of limiting cholesterol testing within the programme.</p> <p>Action 14 – PHE CVD team to provide an update on the cholesterol study at the next meeting.</p>		JFS
11:15 – 11:30	<p>6. National data extraction [standing item]</p> <p>JW updated the panel on the upcoming data extraction due to happen in June 2018.</p>		SC
11.30 – 11.55	<p>7. Presentation: HEalth Check TRial (HECTR): Comparing uptake of NHS Health Check in response to standard letters, risk-personalised letters and telephone invitation</p> <p>Action 15: PHE CVD team to review how this might be included within the best practice guidance for September 2018.</p>	Paper 6 – Health Check TRial	CG
11:55 – 12:00	<p>8. AOB</p> <p>N/A</p>		All
Next meetings	10 July, 25 September		