



NHS

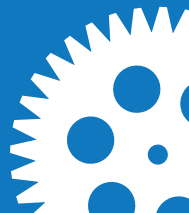
Are you deaf, aged 40-74, living in Birmingham?



To book: Phone **0121 604 1779** Text Relay **18001 0121 604 1779**

Free NHS Health Check (with interpreter)

Helping you prevent heart disease,
stroke, diabetes and kidney disease.



Why do I need a health check?

To assess your risk of developing heart disease, stroke, diabetes or kidney disease.

What happens at the check?

You will be asked questions about your medical history and lifestyle.

Your blood pressure, height and weight will be recorded and a simple blood test taken to check your cholesterol level.

What happens after the check?

A health professional will explain your results and discuss how to support you in living a healthier life.

To make an appointment:
Phone: **0121 604 1779**
Text Relay: **18001 0121 604 1779**
Email: **deafhealthcheck@ebc-info.co.uk**

For more information visit:
www.nhs.uk/nhshealthcheck

