Combating CVD through the NHS Health Check programme

Local authority - Manchester

**What the evidence tells us**

One in ten people continue to live with CVD. It is the second biggest cause of death in England with 200 people dying each day from a heart attack or stroke. Every day there are over 1200 admissions to accident and emergency because of heart problems and 290 as a result of cerebrovascular problems.

**What is the NHS Health Check programme?**

The NHS Health Check is a national programme that systematically measures a range of risk factors driving the burden of CVD and other non-communicable diseases such as dementia, respiratory disease and some cancers.

**Improving CVD outcomes**

National research shows that the programme is cost effective, can prevent illness and has the potential to save 250 – 500 lives each year across England. It also shows that there is equitable take up of checks among high CVD risk groups and prioritising these groups is cost effective.

### 1. Current activity, 2013 – 2018

- **Number of people invited for an NHS Health Check:** 64,776
- **Number of people who have had an NHS Health Check:** 27,328
- **Number of people still to benefit from an NHS Health Check:** 82,866

### 2. Disease detection, 2013 – 2018

- **Estimated number of people that could be diagnosed with hypertension following an NHS Health Check:** 2,780

### 3. Medication, 2013 – 2018

- **Estimated number of people at high risk of CVD that could be prescribed a statin following an NHS Health Check:** 2,690
- **Estimated number of people at high risk of CVD that could be prescribed an antihypertensive following an NHS Health Check:** 1,220

**Footnotes:**

1. [www.bhf.org.uk/healthcare-professionals/bp-how-can-we-do-better](http://www.bhf.org.uk/healthcare-professionals/bp-how-can-we-do-better)
10. Data in tables 1, 2 and 3 is based on local authority activity for 2013-2017
11. Data in tables 2 and 3 is calculated using a take up rate of 75%