Combating CVD through the NHS Health Check programme

Devon



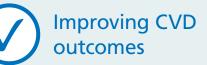


What the evidence tells us

One in ten people continue to live with CVD¹. It is the second biggest cause of death in England with 200 people dying each day from a heart attack or stroke.² Every day there are over 1200 admissions to accident and emergency because of heart problems³ and 290 as a result of cerebrovascular problems.



The NHS Health Check is a national programme that systematically measures a range of risk factors driving the burden of CVD and other non-communicable diseases such as dementia, respiratory disease and some cancers.



National research shows that the programme is cost effective, can prevent illness and has the potential to save 250 - 500 lives each year across England.^{4,5} It also shows that there is equitable take up of checks among high CVD risk groups and prioritising these groups is cost effective.⁶

1. Current activity, 2013 – 2018 ^{7,*}		2. Disease detection, 2013 – 2018 ^{8,*,**}			3. Medication, 2013 – 2018 ^{8,*,**}		
Number of people invited for an NHS Health Check	210,331		Estimated number of people that could be diagnosed with hypertension following a NHS Health Check	8,750	that could b	gh risk of CVD be prescribed	8,450
Number of people who have had an NHS Health Check	100,261	Hypertension				a statin following an NHS Health Check	
			Estimated number of people that could be identified with a CVD risk score >20% following an NHS Health Check	43,770		Estimated number of people at high risk of CVD that	3,850
Number of people still to benefit from an NHS Health Check	249,096	CVD risk			could be pro	escribed an nsive following	

Footnotes

¹ www.bhf.org.uk/healthcare-professionals/bp-how-can-we-do-better

² Office for national statistics. Death registrations summary tables – England and Wales, 2015

³ NHS Digital. Accident and emergency attendances in England 2014-15

⁴ http://dx.doi.org/10.1136/bmjopen-2015-008840

⁵ http://dx.doi.org/10.1016/j.ypmed.2015.05.22

⁶ For more information on activity go to www.healthchecks.nhs.uk

- ⁷ Disease rates calculated using the findings from www.healthcheck.nhs.uk/document.php?o=1251
- 8 Medication rates calculated using the findings from www.healthcheck.nhs.uk/document.php?o=1251
- * Data in tables 1, 2 and 3 is based on the sum of local authority activity for the STP footprint

** Data in tables 2 and 3 is calculated using a take up rate of 75%